



### Suggested Study Sources for the Certified Hypertension Specialist (CHS) Examination

- Kaplan, NM and Victor RG Kaplan's Clinical Hypertension. 11th Edition. Lippincott, Williams and Wilkins; 2014
- Izzo JL and Black HR, editors. Hypertension Primer. 4th Edition. American Heart Association; 2008
- Oparil S, Weber, M. Hypertension: A Companion to Brenner and Rector's the Kidney. 2nd Edition. WB Saunders Company; 2005
- Black HR, Elliott WB. Hypertension: A Companion to Braunwald's Heart Disease. 2nd Edition. Elsevier; 2012
- Mohler ER, Townsend RR. Advanced Therapy in Hypertension and Vascular Disease. 1st Edition. PMPH, Inc. 2006

### Practice Guidelines/Statements

- American Diabetes Association, Clinical Practice Recommendations: <https://professional.diabetes.org/content-page/standards-medical-care-diabetes>
- Chobanian AV, Bakris GL, Black HR, Cushman WC, Green LA, Izzo JL Jr, Jones DW, Materson BJ, Oparil S, Wright JT Jr, Roccella EJ; National Heart, Lung, and Blood Institute Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure; National High Blood Pressure Education Program Coordinating Committee. The seventh report of the joint national committee on prevention, detection, evaluation, and treatment of high blood pressure: the JNC 7 report. JAMA. 2003;289(19):2560-72: <http://www.nhlbi.nih.gov/health-pro/guidelines/current/hypertension-jnc-7>
- Journal of the American Medical Association (JAMA), 2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults, Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8), Paul A. James, MD1; Suzanne Oparil, MD2; Barry L. Carter, PharmD1; et al.; <http://jamanetwork.com/journals/jama/fullarticle/1791497>
- Flack JH, Sica DA, Bakris G, Brown AL, Ferdinand KC, Grimm RH Jr, Hall WD, Jones WE, Kountz DS, Lea JP, Nasser S, Nesbitt SD, Saunders E, Scisney-Matlock M, Jamerson KA. Management of High Blood Pressure in Blacks: An Update of the International Society on Hypertension in Blacks Consensus Statement. Hypertension. 2010;56:780-800: <http://hyper.ahajournals.org/content/early/2010/10/04/HYPERTENSIONAHA.110.152892>
- Falkner B. Fourth report on the diagnosis, evaluation, and treatment of high blood pressure in children and adolescents. Pediatrics. 2004: <https://catalog.nhlbi.nih.gov/sites/default/files/publicationfiles/05-5267.pdf>
- The Endocrine Society (ENDO), The Management of Primary Aldosteronism: Case Detection, Diagnosis, and Treatment: An Endocrine Society Clinical Practice Guideline: J Clin Endocrinol Metab. 2016 May;101(5):1889-916: <https://academic.oup.com/jcem/article/101/5/1889/2804729>
- Hypertension Canada Guidelines: <http://guidelines.hypertension.ca/>

- World Health Organization, International Society of Hypertension Writing Group. 2003 World Health Organization (WHO)/International Society of Hypertension (ISH) statement on management of hypertension. J Hypertens. 2003; 21(11): 1983-1992:  
[http://www.who.int/cardiovascular\\_diseases/guidelines/hypertension\\_guidelines.pdf](http://www.who.int/cardiovascular_diseases/guidelines/hypertension_guidelines.pdf)
- American Congress of Obstetricians and Gynecologists (ACOG), 2013 Clinical Guidelines:  
<http://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines>
- KDIGO Clinical Practice Guidelines:  
<http://kdigo.org/wp-content/uploads/2017/02/2017-KDIGO-CKD-MBD-GL-Update.pdf>
- National Kidney Foundation Clinical Guidelines:  
[https://www.kidney.org/professionals/guidelines/guidelines\\_commentaries](https://www.kidney.org/professionals/guidelines/guidelines_commentaries)
- American Heart Association (AHA), Guidelines and Statements:  
[http://professional.heart.org/professional/GuidelinesStatements/UCM\\_316885\\_Guidelines-Statements.jsp](http://professional.heart.org/professional/GuidelinesStatements/UCM_316885_Guidelines-Statements.jsp)
- Kernan W. et al. Guidelines for the Prevention of Stroke in Patients With Stroke and Transient Ischemic Attack. (AHA/ASA) Stroke, 2014; 45:2160-2236:  
<http://stroke.ahajournals.org/content/early/2014/04/30/STR.0000000000000024>

### Significant Clinical Trials

- AASK: African American Study of Kidney Disease and Hypertension
- ACCOMPLISH: Avoiding Cardiovascular Events in Combination Therapy in Patients Living with Systolic Hypertension
- ACCORD: Action to Control Cardiovascular Risk in Diabetes
- ALLHAT: Antihypertensive and Lipid Lowering Treatment to Prevent Heart Attack Trial
- DASH: Dietary Approaches to Stop Hypertension
- ECHO:
- HOT: Hypertension Optimal Treatment Study
- HYVET: Hypertension in the Very Elderly Trial
- LIFE: Lifestyle Interventions and Independence for Elders (LIFE) Study
- ONTARGET (The ONgoing Telmisartan Alone and in combination with Ramipril Global Endpoint Trial) PATHWAY-2:
- SHEP: Systolic Hypertension in the Elderly Program
- SYST-Eur: Systolic Hypertension in Europe
- VALIANT : Valsartan in Acute Myocardial Infarction Trial

*AHSCP provides the above as an informational reference only and does not endorse or guarantee the accuracy of the information.*

