



Suggested Study Sources for the Certified Hypertension Clinician (CHC) Examination

- Kaplan's Clinical Hypertension Eleventh Edition (2014), Norman M. Kaplan, Ronald G. Victor MD

Guidelines/Statements

- Journal of the American Medical Association (JAMA), [2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults, Report From the Panel Members Appointed to the Eighth Joint National Committee \(JNC 8\)](http://jamanetwork.com/journals/jama/fullarticle/1791497), Paul A. James, MD1; Suzanne Oparil, MD2; Barry L. Carter, PharmD1; et al.;
<http://jamanetwork.com/journals/jama/fullarticle/1791497>
- American Heart Association (AHA), Guidelines and Statements:
http://professional.heart.org/professional/GuidelinesStatements/UCM_316885_Guidelines-Statements.jsp
- American Heart Association Scientific Statement, Resistant Hypertension: Diagnosis, Evaluation, and Treatment:
<http://circ.ahajournals.org/content/117/25/e510>
- AHA/ACC/ASH Scientific Statement: Treatment of Hypertension in Patients With Coronary Artery Disease:
<http://circ.ahajournals.org/content/early/2015/03/31/CIR.000000000000207>
- Weber MA, Schiffrin EL, White WB, et al. Clinical practice guidelines for the management of hypertension in the community. A statement by the American Society of Hypertension and the International Society of Hypertension. J Clin Hypertens 2013; DOI:10.1111/jch.12237. J Hypertens 2014; 32:3-15:
http://resource.heartonline.cn/20150515/10_Gm2vGH9.pdf
- 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults:
<https://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437738.63853.7a>
- Yancy C W, et al. 2013 ACCF/AHA Guideline for the Management of Heart Failure, J Am Coll Cardiol. 2013;62(16):e147-e239. Doi:10.1016/j.jacc.2013.05.019:
<https://www.sciencedirect.com/science/article/pii/S0735109713021141?via%3Dihub>
- 2016 ACC/AHA/HFSA Focused Update on New Pharmacological Therapy for Heart Failure: An Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure; A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines and the Heart Failure Society of America. J Am Coll Cardiol. 2016;():. doi:10.1016/j.jacc.2016.05.011:
<http://circ.ahajournals.org/content/circulationaha/early/2016/05/18/CIR.000000000000435.full.pdf>

- ACCF/AHA 2011 Expert Consensus Document on Hypertension in the Elderly: a Report of the American College of Cardiology Foundation Task Force on Clinical Expert Consensus Documents. J Am Coll Cardiol 2011; 57: 2037-114. DOI: 10.1016/j.jacc/2011.01.00: <http://circ.ahajournals.org/content/123/21/2434.full.pdf>
- American College of Cardiology (ACC): 2013 AHA/ACC Guideline on Lifestyle Management to Reduce Cardiovascular Risk: http://circ.ahajournals.org/content/129/25_suppl_2/S76
- Million Hearts/PCNA: Self-Measured Blood Pressure Monitoring: <https://millionhearts.hhs.gov/tools-protocols/smbp.html>
- Goals of Million Hearts: <http://circoutcomes.ahajournals.org/content/5/4/589.full.pdf+html>
- Pickering TG, Hall JE, Appel LJ, et al. (2005) Recommendations for BP measurement in humans and experimental animals: Part 1: BP measurement in humans: a statement for professionals from the Subcommittee of Professional and Public Education of the AHA Council on High Blood Pressure Research. Circulation. 1005. Feb 8; 111(5): 697-716: <http://www.ncbi.nlm.nih.gov/pubmed/15611362>
- Pickering TG, Miller NH, Ogedegbe G, et al. (2008) Call to action on use and reimbursement for home BP monitoring: A joint scientific statement from the AHA, ASH, and PCNA. 2008; 52(1): 10-29: <http://hyper.ahajournals.org/content/52/1/10.full.pdf>
- 2013 ACCF/AHA Guideline for the Management of Heart Failure: <https://www.ncbi.nlm.nih.gov/pubmed/23747642>
- AHA Scientific Statement “Treatment of Hypertension in the Prevention and Management of Ischemic Heart Disease”: <http://circ.ahajournals.org/content/115/21/2761.full.pdf>
- Recommendations for blood pressure measurement in humans and experimental animals: Part 1: blood pressure measurement in humans: a statement for professionals from the Subcommittee of Professional and Public Education of the American Heart Association Council on High Blood Pressure Research. Hypertension. 2005 Jan;45(1):142-61: <http://hyper.ahajournals.org/content/45/1/142.long>
- Kidney Disease: Improving Global Outcomes (KDIGO) Blood Pressure Work Group. KDIGO clinical practice guideline for the management of blood pressure in chronic kidney disease. Kidney IntSuppl 2012;2:337-414: http://www.kdigo.org/clinical_practice_guidelines/pdf/KDIGO_BP_GL.pdf
- American Diabetes Association (ADA). Standards of medical care in diabetes – 2015. Diabetes Care 2015;38 (suppl 1):S1-94: <http://diabetes.teithe.gr/UsersFiles/entypa/STANDARDS%20OF%20MEDICAL%20CARE%20IN%20DIABETES%202015.pdf>
- Chobanian AV, Bakris GL, Black HR, et al. Seventh report of the joint national committee on prevention, detection, evaluation, and treatment of high blood pressure. Hypertension 2003;42:1206-52: <http://www.ncbi.nlm.nih.gov/pubmed/14656957>
- ASH Scientific Statement: Detection, evaluation, and treatment of severe and resistant hypertension, White WB, Turner JR, Sica DA, Bisognano JD, Calhoun DA, Townsend RR, Aronow HD, Bhatt DL, Bakris GL, October 10 2013: [http://www.ashjournal.com/article/S1933-1711\(14\)00633-0/fulltext](http://www.ashjournal.com/article/S1933-1711(14)00633-0/fulltext)

- Brook RD, et al. Hypertension 2013; 61(6); 1360-1383 (2013 AHA Statement on Efficacy of Alternative Approaches to Control HTN):
<http://hyper.ahajournals.org/content/61/6/1360.full.pdf>
- Home Blood Pressure Monitoring:
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4671913/>
<http://www.ncbi.nlm.nih.gov/pubmed/20940712>
<http://www.ncbi.nlm.nih.gov/pubmed/16522994>

Articles

- BMJ Adherence Paper: Adherence to prescribed antihypertensive drug treatments:
<http://www.bmj.com/content/336/7653/1114?linkType=FULL&ck=nck&resid=336/7653/1114&journalCode=bmj>
- Emergency of urgency? Effective management of hypertensive crises, JAAPA Aug 2010 23(8):
https://journals.lww.com/jaapa/Abstract/2010/08000/Emergency_or_urgency_Effective_management_of.9.aspx
- Review Article: Managing hypertension in patients with chronic kidney disease, Zuber and others, JAAPA, Lippincott Williams & Wilkins:
http://journals.lww.com/jaapa/Abstract/2014/09000/Managing_hypertension_in_patients_with_chronic.8.aspx
- Screening for Primary Hypertension in Children and Adolescents: U.S. Preventive Services Task Force:
<http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/blood-pressure-in-children-and-adolescents-hypertension-screening>
- An Update on Novel Mechanisms of Primary Aldosteronism, Hypertension 224:2 , R63-R77, M-C Zennaro and others:
<http://joe.endocrinology-journals.org/content/224/2/R63.abstract>
- Chlorthalidone Compared With Hydrochlorothiazide in Reducing Cardiovascular Events, Systematic Review and Network Meta-Analyses, Roush and others:
<https://www.ncbi.nlm.nih.gov/pubmed/22526259>
- Beta-Blockers for Hypertension (Review), Wiysonge and others, the Cochrane Collaboration, 2012, issue 8:
http://www.cochrane.org/CD002003/HTN_beta-blockers-hypertension
- Clinical Advisor: How to Implement Home Blood Pressure Monitoring:
<http://www.clinicaladvisor.com/how-to-implement-home-bp-monitoring/article/206808/>
- Moser M & Setaro JF (2006) Clinical practice. Resistant or difficult-to-control hypertension. NEJM, 355(4); 385-92:
http://www.med.illinois.edu/depts_programs/sciences/clinical/internal_med/residency/Curriculum/Critical%20Care%20Literature/CVS/HTN.pdf
- “Telmisartan, Ramipril, or Both in Patients at High Risk for Vascular Events” (ONTARGET STUDY) N Engl J Med 2008; 358:1547-1559 April 10, 2008DOI: 10.1056/NEJMoa0801317
<http://www.nejm.org/doi/full/10.1056/NEJMoa0801317>
- Pfeffer M A, McMurray J V, et al. Valsartan, Captopril, or Both in Myocardial Infarction Complicated by Heart Failure, Left Ventricular Dysfunction, or Both” (Valsartan in Acute Myocardial Infarction Trial). N Engl J Med 2003; 349:1893-1906November 13, 2003DOI: 10.1056/NEJMoa032292
<http://www.nejm.org/doi/full/10.1056/NEJMoa032292>

- Circulation Research: Compendium on Hypertension (2015).: <http://circres.ahajournals.org/content/116/6.toc>
- The American Society of Hypertension, Inc.: A Compendium of Antihypertensive Pharmacology (2011): <http://onlinelibrary.wiley.com/doi/10.1111/jch.2011.13.issue-9/issuetoc>
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- Piper MA, Evans CV, Burda BU, et al. Diagnostic and predictive accuracy of blood pressure screening methods with consideration of rescreening intervals: A systematic review of the US Preventive Services Task Force. Annals of Internal Medicine 2015; 162:192-204.: http://annals.org/article.aspx?articleid=2085846&utm_content=buffer9a4e0&utm_medium=social&utm_source=twitter.com&utm_campaign=buffer
- Pickering TG, White WB. ASH position paper: home and ambulatory blood pressure monitoring. When and how to use self (home) and ambulatory blood pressure monitoring. J Am Soc Hypertens 2008;2:119-24: <http://onlinelibrary.wiley.com/doi/10.1111/j.1751-7176.2008.00043.x/full>
- SPRINT Research Group. A Randomized Trial of Intensive versus Standard Blood-Pressure Control. N Engl J Med 2015; 373:2103-2116.: <http://www.nejm.org/doi/full/10.1056/NEJMoa1511939#t=article>
- ALLHAT Officers and Coordinators for the ALLHAT Collaborative Research Group. Major outcomes in high-risk hypertensive patients randomized to angiotensin-converting enzyme inhibitor or calcium channel blocker vs diuretic: the Antihypertensive and Lipid-Lowering Treatment to Prevent Heart Attack Trial (ALLHAT). JAMA 2002;288:2981-97: <https://jamanetwork.com/journals/jama/fullarticle/195626>
- Beckett NS, Peters R, Fletcher AE, et al. Treatment of hypertension in patients 80 years of age or older. N Engl J Med 2008;358:1887-98: <http://www.nejm.org/doi/full/10.1056/NEJMoa0801369>

Significant Clinical Trials

- AASK: African American Study of Kidney Disease and Hypertension
- ACCOMPLISH: Avoiding Cardiovascular Events in Combination Therapy in Patients Living with Systolic Hypertension
- ACCORD: Action to Control Cardiovascular Risk in Diabetes
- ALLHAT: Antihypertensive and Lipid Lowering Treatment to Prevent Heart Attack Trial
- DASH: Dietary Approaches to Stop Hypertension
- ECHO:
- HOT: Hypertension Optimal Treatment Study
- HYVET: Hypertension in the Very Elderly Trial
- LIFE: Lifestyle Interventions and Independence for Elders (LIFE) Study
- ONTARGET (The ONgoing Telmisartan Alone and in combination with Ramipril Global Endpoint Trial)

- PATHWAY-2
- SPRINT
- SHEP: Systolic Hypertension in the Elderly Program
- SYST-Eur: Systolic Hypertension in Europe
- VALIANT: Valsartan in Acute Myocardial Infarction Trial

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